



# Forrestal Hickman

75

## OL

Height: 6'7

Weight: 330

College: Missouri S&T

Birthday: April 15, 1993

Hometown: Holton, KS

Years Pro: 5

Professional (2015-present): Forrestal signed with the San Diego Chargers of the National Football League (NFL) as an undrafted free agent in 2015; played in two preseason games for the Chargers. He then signed to Montreal Alouettes of the Canadian Football League (CFL) practice squad for 2015 season and played last game of the season. Hickman signed with the Colorado Crush of the Indoor Football League (IFL) where he started all but one game during the 2017 season. Forrestal signed with the Sioux Falls Storm during the 2018 season.

- Forrestal was named to the 2018 and 2019 All-IFL First Team squads.

Junior (Missouri S&T, Rolla, MO, 2013): Forrestal started in all 11 games at left tackle and helped lead S&T to an average of 153.6 yards per game on the ground during the year, the fourth-best mark in the conference.

- He was named to the All-Great Lakes Valley Conference (GLVC) Second Team on the offensive line.

Sophomore (Missouri S&T, Rolla, MO, 2012): Forrestal started in all games.

- He was named to the All-GLVC First-Team on the offensive line.

Freshman (Missouri S&T, Rolla, MO, 2011): Forrestal earned a starting role over the final seven games of his freshman season for the Miners

High School (Holton): Forrestal was named to play in the Kansas Shrine Bowl.

- Forrestal was selected to the Kansas Class 4A All-State and All-Conference team following the 2010 season as an offensive lineman.
- He was named Honorable Mention All-State on the defensive line.
- Hickman was named as the most valuable player on the offensive line at the Schuman Combine in Iowa in the summer of 2010 after earning All-Conference honors as a junior.

Personal: Forrestal is the son of Lisa and Brian Hickman. He majored in engineering at Missouri S&T.

